

# 33. Spreewald Triathlon 2023

## Ergebnisse: Großer Spreewaldmann

Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	LaufR3	LaufR4	Lauf	Rückstand
1	92	Stefan Rauschenbach	TriTeam Berlin	mAK35	1	3:57:47	0:36:24(8)	2:03:24(1)	2:39:48(2)	19:24(1)	19:50(1)	19:17(1)	19:28(1)	1:17:59(1)	
2	20	Lukas Determann	BSV Friesen	mAK30	1	4:10:31	0:34:45(2)	2:07:54(7)	2:42:39(4)	21:39(18)	22:18(12)	22:19(7)	21:36(5)	1:27:52(10)	0:12:44
3	70	Kimmo Kurzbach	A3K Berlin	mAK30	2	4:10:58	0:31:54(1)	2:04:43(2)	2:36:37(1)	20:58(11)	22:38(13)	25:21(23)	25:24(27)	1:34:21(18)	0:13:11
4	8	Florian Baetke	SG Brieselang	mAK40	1	4:10:59	0:35:57(3)	2:07:17(5)	2:43:14(6)	20:47(10)	22:13(10)	22:53(11)	21:52(6)	1:27:45(8)	0:13:12
5	34	Thomas Gogolin	MSV Tripoint Ffo.	mAK45	1	4:11:24	0:43:45(39)	2:07:39(6)	2:51:24(13)	19:33(3)	20:11(2)	20:08(2)	20:08(2)	1:20:00(2)	0:13:37
6	60	Norbert Kocsis	Berliner Wasserratten	mAK40	2	4:11:46	0:38:29(14)	2:08:20(8)	2:46:49(8)	20:21(7)	21:29(6)	22:00(4)	21:07(4)	1:24:57(5)	0:13:59
7	591	Danny Hannover	Tri Team Berlin	mAK45	2	4:14:34	0:37:39(12)	2:10:23(10)	2:48:02(9)	20:06(5)	22:02(9)	22:20(8)	22:04(8)	1:26:32(7)	0:16:47
8	55	Sebastian Kestner	Fahrrad Magdeburg Trimagos	mAK35	2	4:16:55	0:38:27(13)	2:10:38(11)	2:49:05(10)	20:25(8)	21:23(5)	22:30(9)	23:32(19)	1:27:50(9)	0:19:08
9	84	Gernot Poerner	TC Merseburg e.V.	mAK45	3	4:17:08	0:36:23(7)	2:06:25(4)	2:42:48(5)	21:27(16)	24:26(22)	25:05(21)	23:22(14)	1:34:20(17)	0:19:21
10	51	Jendrik Jördening	A3K Berlin	mAK30	3	4:17:59	0:36:09(5)	2:04:51(3)	2:41:00(3)	21:15(14)	23:49(19)	25:36(26)	26:19(31)	1:36:59(23)	0:20:12
11	93	Michael Richter	LTC Berlin	mAK50	1	4:18:06	0:37:28(11)	2:12:06(13)	2:49:34(11)	21:07(12)	22:15(11)	22:36(10)	22:34(11)	1:28:32(12)	0:20:19
12	116	Cornelius Wermann	TriSport Schwerin	mAK45	4	4:18:28	0:36:18(6)	2:08:33(9)	2:44:51(7)	21:57(19)	24:25(21)	23:51(17)	23:24(15)	1:33:37(16)	0:20:41
13	75	Joshua Meinke	Division BPM	mAK25	1	4:22:48	0:40:16(25)	2:20:03(22)	3:00:19(24)	19:53(4)	20:45(3)	21:10(3)	20:41(3)	1:22:29(3)	0:25:01
14	10	Matthias Baranowski	Team actreme	mAK40	3	4:23:22	0:39:14(20)	2:18:09(19)	2:57:23(16)	20:16(6)	21:32(7)	22:17(6)	21:54(7)	1:25:59(6)	0:25:35
15	73	Oleg Mazurov	OMY! Sports	mAK45	5	4:24:33	0:41:56(33)	2:17:44(18)	2:59:40(23)	19:26(2)	21:18(4)	22:03(5)	22:06(9)	1:24:53(4)	0:26:46
16	102	Markus Schuchardt	LTV Obereichsfeld	mAK30	4	4:27:02	0:41:50(31)	2:16:59(16)	2:58:49(22)	20:26(9)	21:54(8)	23:22(12)	22:31(10)	1:28:13(11)	0:29:15
17	64	Marco Krätsch	TSV Cottbus	mAK45	6	4:27:16	0:39:03(18)	2:17:00(17)	2:56:03(15)	21:25(15)	23:11(16)	23:32(15)	23:05(13)	1:31:13(13)	0:29:29
18	7	Frank Aulich	power & pace	mAK45	7	4:29:41	0:38:36(16)	2:19:14(21)	2:57:50(18)	21:29(17)	23:09(14)	23:44(16)	23:29(18)	1:31:51(14)	0:31:54
19	3	Christian Kittler	SV Turbine NB	mAK50	2	4:33:18	0:37:24(10)	2:20:09(23)	2:57:33(17)	24:29(38)	23:54(20)	24:24(18)	22:58(12)	1:35:45(21)	0:35:31
20	27	Dustin Franz	DLRG Luckenwalde	mAK35	3	4:33:23	0:39:35(22)	2:19:00(20)	2:58:35(21)	22:09(20)	23:29(17)	24:48(20)	24:22(21)	1:34:48(19)	0:35:36
21	42	Daniel Heinath	A3K Berlin	mAK40	4	4:33:48	0:40:03(23)	2:15:19(15)	2:55:22(14)	23:06(25)	24:33(23)	25:26(24)	25:21(26)	1:38:26(25)	0:36:01
22	106	Michael Sommer	Team Erdinger Alkoholfrei	mAK45	8	4:41:58	0:43:57(41)	2:21:50(24)	3:05:47(27)	23:27(27)	24:52(25)	24:26(19)	23:26(17)	1:36:11(22)	0:44:11
23	25	Dennis Fiedler	A3K Berlin	mAK40	5	4:42:06	0:36:08(4)	2:22:21(26)	2:58:29(20)	23:51(30)	26:31(36)	27:05(35)	26:10(30)	1:43:37(30)	0:44:19
24	110	Thomas Thiemer	Team BUFO	mAK45	9	4:47:20	0:37:20(9)	2:23:45(27)	3:01:05(25)	22:15(21)	25:10(26)	29:02(47)	29:48(49)	1:46:15(35)	0:49:33
25	85	Holger Pohle	TVB 09	mAK55	1	4:52:53	0:00:00(00)	3:13:31(77)	3:13:31(38)	24:13(35)	26:04(32)	25:40(28)	23:25(16)	1:39:22(27)	0:55:06
26	72	Klaus Lips	Berlin	mAK60	1	4:53:23	0:53:43(71)	2:26:21(31)	3:20:04(46)	22:18(22)	23:34(18)	23:23(13)	24:04(20)	1:33:19(15)	0:55:36
27	100	Toni Schmitt	SpreeRadio	mAK55	2	4:53:28	0:39:11(19)	2:30:16(36)	3:09:27(29)	24:09(34)	26:02(30)	26:54(32)	26:56(34)	1:44:01(31)	0:55:41
28	66	Jeremy Krstic	Berliner Wasserratten e.V.	mAK45	10	4:55:46	0:45:03(47)	2:24:50(29)	3:09:53(31)	25:11(42)	27:31(45)	27:19(38)	25:52(28)	1:45:53(34)	0:57:59
29	39	Henry Haferkorn	MSV Tripoint FFO	mAK60	2	4:56:52	0:43:23(37)	2:25:20(30)	3:08:43(28)	25:34(45)	27:42(46)	27:26(39)	27:27(37)	1:48:09(40)	0:59:05
30	57	Alexander Klemm	LfV Oberholz	mAK40	6	4:58:14	0:41:47(30)	2:31:42(41)	3:13:29(37)	23:42(29)	26:18(34)	27:05(35)	27:40(38)	1:44:45(32)	1:00:27
31	76	Stefan Meissner	TuS Neukölln Berlin	mAK35	4	4:58:28	0:50:31(66)	2:29:50(35)	3:20:21(47)	21:07(12)	25:39(28)	26:20(31)	25:01(23)	1:38:07(24)	1:00:41
32	105	Oleg Singer	Berlin	mAK50	3	4:58:42	0:42:48(35)	2:22:15(25)	3:05:03(26)	22:58(24)	26:04(32)	29:22(52)	35:15(64)	1:53:39(52)	1:00:55
33	22	Alex Dreyer	Dirty Berlin	mAK30	5	4:58:51	0:49:24(62)	2:34:31(47)	3:23:55(52)	23:12(26)	23:10(15)	23:27(14)	25:07(24)	1:34:56(20)	1:01:04
34	88	Michael Postel	A3K Berlin	mAK50	4	4:59:00	0:39:22(21)	2:30:55(39)	3:10:17(34)	24:20(37)	26:03(31)	27:15(37)	31:05(56)	1:48:43(41)	1:01:13
35	96	Ulrich Schatz	Triathlon Team Berlin	mAK55	3	4:59:22	0:44:07(42)	2:32:09(43)	3:16:16(43)	24:29(38)	25:37(27)	26:16(29)	26:44(33)	1:43:06(28)	1:01:35
36	14	Matthias Brandt	Neptun 08 Finsterwalde e.V.	mAK45	11	4:59:58	0:41:52(32)	2:28:14(33)	3:10:06(33)	24:54(40)	29:56(55)	27:46(41)	27:16(35)	1:49:52(43)	1:02:11
37	11	Dirk Bartels	Tri Team Berlin	mAK60	3	5:02:25	0:00:00(00)	3:10:05(75)	3:10:05(32)	25:56(49)	27:20(44)	29:02(47)	30:02(50)	1:52:20(47)	1:04:38
38	56	Ivo Kille	Triathlon Potsdam e.V.	mAK30	6	5:04:11	0:45:21(48)	2:13:03(14)	2:58:24(19)	32:46(71)	32:08(62)	31:13(58)	29:40(48)	2:05:47(60)	1:06:24
39	111	Andreas Thude		mAK40	7	5:04:28	0:48:32(58)	2:30:25(37)	3:18:57(45)	23:51(30)	30:06(57)	25:36(26)	25:58(29)	1:45:31(33)	1:06:41
40	28	Roman Pascal Franz	Ridin Dirty Berlin	mAK30	7	5:06:52	0:45:02(46)	2:35:35(48)	3:20:37(48)	25:59(50)	26:57(37)	26:56(33)	26:23(32)	1:46:15(35)	1:09:05

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Platz	Stnr	Name	Verein	AK	Platz AK	Endzeit	Schwimm	Rad	SchwRad	LaufR1	LaufR2	LaufR3	LaufR4	Lauf	Rückstand
41	118	Stephan Wollschläger	BSV Friesen	mAK45	12	5:06:54	0:44:24(44)	2:26:36(32)	3:11:00(35)	25:20(44)	30:15(58)	29:19(51)	31:00(54)	1:55:54(53)	1:09:07
42	91	Mark Ramsey	Tri Team Berlin	mAK55	4	5:07:29	0:43:56(40)	2:30:59(40)	3:14:55(39)	24:56(41)	26:58(38)	29:37(53)	31:03(55)	1:52:34(49)	1:09:42
43	65	Thilo Krause	MSV TRIPOINT Frankfurt (Oder)	mAK55	5	5:08:06	0:42:44(34)	2:33:22(45)	3:16:06(42)	27:24(58)	28:27(50)	27:39(40)	28:30(41)	1:52:00(46)	1:10:19
44	82	Michael Perlhofer	SC DHfK Leipzig	mAK45	13	5:08:57	0:42:53(36)	2:32:45(44)	3:15:38(41)	27:02(56)	28:06(47)	29:06(49)	29:05(43)	1:53:19(50)	1:11:10
45	46	Philip Hinze	DreiZack Spandau	mAK35	5	5:10:18	0:51:37(68)	2:29:05(34)	3:20:42(49)	25:54(48)	27:18(43)	28:06(43)	28:18(39)	1:49:36(42)	1:12:31
46	87	Thomas Posner	Berlin Heinersdorf	mAK45	14	5:11:14	0:40:34(27)	2:47:13(63)	3:27:47(59)	27:33(59)	26:21(35)	25:05(21)	24:28(22)	1:43:27(29)	1:13:27
47	30	Olaf Gärtner	MSV TRIPOINT Ffo	mAK50	5	5:12:00	0:41:34(28)	2:43:24(59)	3:24:58(53)	23:51(30)	25:46(29)	27:50(42)	29:35(47)	1:47:02(38)	1:14:13
48	18	Götz Dastis		mAK60	4	5:13:19	0:46:49(53)	2:38:25(51)	3:25:14(54)	26:07(51)	27:12(41)	26:19(30)	28:27(40)	1:48:05(39)	1:15:32
49	5	Stefan Alberti	Weltraumjogger	mAK55	6	5:13:26	0:47:29(54)	2:47:29(64)	3:34:58(64)	22:54(23)	24:46(24)	25:31(25)	25:17(25)	1:38:28(26)	1:15:39
50	45	Gerald Hiller	Tri Team Berlin	mAK55	7	5:14:04	0:44:12(43)	2:37:22(49)	3:21:34(51)	26:11(52)	28:55(52)	28:26(44)	28:58(42)	1:52:30(48)	1:16:17
51	104	Danny Silva	LG eXa e.V.	mAK50	6	5:15:08	0:40:28(26)	2:41:02(55)	3:21:30(50)	25:46(46)	28:26(49)	28:57(46)	30:29(52)	1:53:38(51)	1:17:21
52	99	Torsten Schmidt	Dresden	mAK35	6	5:15:28	0:38:48(17)	2:30:48(38)	3:09:36(30)	30:11(67)	32:45(64)	31:04(57)	31:52(57)	2:05:52(61)	1:17:41
53	80	Justus Muster		mAK30	8	5:16:25	0:52:09(69)	2:37:52(50)	3:30:01(61)	25:11(42)	27:00(40)	26:57(34)	27:16(35)	1:46:24(37)	1:18:38
54	15	Jens Bremer	Bergholz-Rehbrücke	mAK45	15	5:24:15	0:45:45(49)	2:40:33(53)	3:26:18(57)	26:53(55)	30:45(59)	30:08(54)	30:11(51)	1:57:57(55)	1:26:28
55	21	Robert Döring-Strohscheer		mAK45	16	5:28:12	0:48:53(59)	2:40:14(52)	3:29:07(60)	27:59(61)	29:24(53)	30:53(56)	30:49(53)	1:59:05(56)	1:30:25
56	78	Felix Morczinek		mAK35	7	5:30:05	0:48:25(57)	2:51:33(69)	3:39:58(69)	24:19(36)	27:14(42)	29:18(50)	29:16(46)	1:50:07(44)	1:32:18
57	16	Steffen Brendler	Waldsieversdorf	mAK50	7	5:31:49	0:50:13(64)	2:45:07(62)	3:35:20(65)	26:50(54)	29:58(56)	30:26(55)	29:15(45)	1:56:29(54)	1:34:02
58	592	Matthias Barke	Bernauer Lauffreunde e.V.	mAK45	17	5:32:26	0:53:50(72)	2:24:47(28)	3:18:37(44)	27:57(60)	34:51(66)	34:29(66)	37:02(67)	2:14:19(66)	1:34:39
59	4	Domenic Achterberg	Sisu Berlin	mAK30	9	5:34:36	0:49:52(63)	2:42:18(57)	3:32:10(63)	27:13(57)	29:46(54)	31:39(60)	33:48(61)	2:02:26(58)	1:36:49
60	101	Stefan Schmoranzer		mAK50	8	5:34:44	0:58:55(76)	2:44:04(61)	3:42:59(71)	25:48(47)	28:15(48)	28:35(45)	29:07(44)	1:51:45(45)	1:36:57
61	6	Volker Altenkirch	DLRG Luckenwalde	mAK55	8	5:35:15	0:44:49(45)	2:41:21(56)	3:26:10(56)	28:37(63)	31:49(61)	34:13(65)	34:26(63)	2:09:05(63)	1:37:28
62	79	Edison Gustavo Muenz	Sisu Berlin	mAK35	8	5:37:05	0:45:52(51)	2:40:45(54)	3:26:37(58)	28:34(62)	35:28(70)	32:16(61)	34:10(62)	2:10:28(64)	1:39:18
63	109	Oliver Thiem	6er Kette	mAK45	18	5:37:54	0:46:42(52)	2:43:26(60)	3:30:08(62)	30:01(66)	32:20(63)	32:55(63)	32:30(58)	2:07:46(62)	1:40:07
64	35	Stefan Gohlke	DreiZack Spandau e.V.	mAK40	8	5:39:55	0:48:19(56)	2:50:21(67)	3:38:40(67)	26:25(53)	28:48(51)	32:21(62)	33:41(60)	2:01:15(57)	1:42:08
65	43	Jens Henneberg	SSV Hohen Neuendorf	mAK40	9	5:44:07	0:43:33(38)	2:42:36(58)	3:26:09(55)	31:05(68)	35:09(68)	36:04(67)	35:40(66)	2:17:58(67)	1:46:20
66	48	Andreas Janke	Berlin	mAK60	5	5:48:13	0:50:25(65)	2:52:53(71)	3:43:18(72)	29:31(64)	31:10(60)	31:38(59)	32:36(59)	2:04:55(59)	1:50:26
67	19	Derek Gimpel	TVB 09	mAK55	9	5:56:17	0:51:29(67)	2:52:54(72)	3:44:23(73)	29:45(65)	33:06(65)	33:30(64)	35:33(65)	2:11:54(65)	1:58:30
68	68	Frank Kulack	Trifinisher Berlin	mAK65	1	6:02:46	0:47:46(55)	2:47:57(65)	3:35:43(66)	33:35(73)	35:57(72)	38:28(70)	39:03(69)	2:27:03(70)	2:04:59
69	112	Andreas Vogel	LSV Delfin	mAK60	6	6:07:14	0:49:04(60)	2:50:24(68)	3:39:28(68)	32:47(72)	34:59(67)	38:42(71)	41:18(72)	2:27:46(71)	2:09:27
70	41	Thomas Handschug	Ullersdorf	mAK55	10	6:15:02	0:56:35(74)	2:54:05(73)	3:50:40(75)	31:45(70)	35:12(69)	37:07(68)	40:18(70)	2:24:22(69)	2:17:15
71	94	Lee-Roy Rietze	Braunschweig	mAK25	2	6:27:32	0:54:51(73)	2:52:33(70)	3:47:24(74)	37:54(75)	41:16(74)	41:04(72)	40:24(71)	2:40:38(72)	2:29:45
72	90	Wolf-Ulrich Raffel	Lichtenrader Löwen	mAK45	19	6:32:25	0:57:18(75)	3:11:09(76)	4:08:27(77)	31:14(69)	35:52(71)	38:23(69)	38:29(68)	2:23:58(68)	2:34:38
73	17	Michael Buntins	SSF Bonn	mAK70	1	6:48:44	1:01:05(77)	3:06:54(74)	4:07:59(76)	37:49(74)	39:45(73)	41:18(73)	41:53(73)	2:40:45(73)	2:50:57
DNF	31	Martin Gärtner		mAK35			0:40:15(24)	2:31:59(42)	3:12:14(36)	23:57(33)	26:59(39)				
DNF	59	Michael Klewer	Tri Fun Güstrow	mAK45			0:41:37(29)	2:33:45(46)	3:15:22(40)	23:36(28)					
DNF	36	Stephan Golatowski	Team Golle	mAK40			0:38:35(15)	2:11:10(12)	2:49:45(12)						
DNF	108	Murat Taskiran		mAK50			0:53:33(70)	2:48:50(66)	3:42:23(70)						
DNF	62	Dieter Konieczny	TLV Rangsdorf	mAK60			0:45:46(50)								
DNF	13	Mike Kowaloff	MSV Tripoint Frankfurt (Oder)	mAK50			0:49:15(61)								